

異文化理解促進プログラム協力講師 自己紹介

※公開可能な内容のみ記載ください。



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出身国や外国で過ごした経験について教えてください :

Born and raised in Mongolia in a family of medical doctors. After graduating from the Health Sciences University of Mongolia, made home to the U.S.A. to live and pursue a master's degree in public health. Now, studying and living in Hiroshima City, Japan. Other countries for travel include Dominican Republic, Switzerland, China, and Korea.

広島の子童・生徒たちにどんなことを学んでほしいですか :

In this globalized era, we are all responsible for preserving and promoting our own history and culture while learning about the differences across abundant cultures and countries around the world. Individual international journeys could be interesting to explore various experiences where one can also find interest or motivation.

自己紹介を自由に記載してください (写真などもお使いください) :

Currently, learning and loving hot yoga and mindfulness meditations.

Besides these weekly routines,
I like traveling, hiking, exploring new places, planting, and board games.
Language learning is also my passion.

My morning starts with freshly brewed aromatic black coffee.
Half of my day is spent at the university working on various research projects while attending lectures.

Every day I get to learn and explore new ideas, information, and skills.

That`s the best part of my day!

